



# The 23rd Annual Schuylkill River Trail Run 2010

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All proceeds benefit the Schuylkill Canal Association

**DATE:** SCA's 28<sup>th</sup> Canal Day, June 27, 2010

**TIME:** Registration begins at 8:00 am at St. Michael's Park in Mont Clare. Follow the signs, the race begins at 9:00 am.

**LOCATION:** Start is at Lock 60 on the Schuylkill Canal Towpath just off Rt. 29, across the bridge from Phoenixville or 2 1/2 miles south of Rt. 422. Finish line is at the pavilion in St. Michael's Park. Parking is at St. Michael's Park at the end of Jacob St., Mont Clare. Follow the signs on Rt. 29.

**COURSE:** A scenic 5-mile loop along the banks of the Schuylkill River and Canal and the ravine and bluffs in beautiful Upper Providence Township, Montgomery County. A challenging trail run with varying difficulty. Several water crossings add to the thrills, along wooded natural terrain.

**ENTRY FEE:** \$17 pre-entry, \$22 on race day. T-shirts, the Canal Day Program and product giveaways will be provided to the first 100 entrants.

**AWARDS:** Top three finishers in all age groups; M & F 17 & under, 18 to 29, 30 to 39, 40 to 49, 50 to 59, and 60 & over.

**PRE-REGISTRATION:** Register online via SCA's website, [www.schuylkillcanal.org](http://www.schuylkillcanal.org), or send check / money order made out to the *Schuylkill Canal Association* to:  
SCA, P.O. 966, Oaks, PA 19456

For more information or directions call SCA at 610-917-0021 or email [info@schuylkillcanal.com](mailto:info@schuylkillcanal.com).

*Other **28<sup>th</sup> Canal Day** highlights include the 5-mile canoe/kayak race, paddle boat rides, canal jousting, kids games and crafts, fishing derby, kayak demos, live music throughout the day, food, the return of the highland games, and much more. For all the details about Canal Day, visit SCA's website at [www.schuylkillcanal.org](http://www.schuylkillcanal.org).*

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Despite what I will attempt to do, I feel that I am reasonably sane. Therefore, I or members of my family will not hold the Schuylkill Canal Association, Montgomery County, Upper Providence Township, and any property owners along the course liable for any injury that may result, directly or indirectly, from the race or walk.

NAME \_\_\_\_\_ AGE \_\_\_\_\_ SEX \_\_\_\_\_

ADDRESS \_\_\_\_\_ PHONE \_\_\_\_\_

CITY \_\_\_\_\_ STATE \_\_\_\_\_ ZIP \_\_\_\_\_

EMAIL \_\_\_\_\_

SIGNATURE OF RUNNER \_\_\_\_\_

PARENT OR GUARDIAN (if under 18) \_\_\_\_\_